

Curriculum Overview – Physical Education

Boys – Core PE.

Year 7	Baseline Tests / Football / Cross Country	Rugby / Gymnastics	Basketball / Dance	Orienteering / Table Tennis	Athletics / Cricket	Athletics / Softball
Year 8	Football / cross country	Rugby / Gym	Badminton / Fitness	Handball / Dance	Athletics / Handball	<u>Athletics /</u> Cricket
Year 9	Football / cross country	Rugby / Badminton	Fitness / table tennis	Handball / Leadership	Athletics / Cricket	Athletics / Softball
Year 10	Football / cross country	Personal Training Plan - fitness	Rugby / Badminton	Table Tennis / Athletics	Handball / Athletics Performance	Cricket / Athletics Performance
Year 11	Options Prog	Options Prog	Options Prog	Options Prog	Options Prog	