

# Key Stage 3 PE – Year 7 – Personal Development

## Team Athletics: Autumn Term / Summer Term

**Social:** Physical

In teacher made teams you are challenged to find the greatest teamwork and improvement levels across a range of events.

## Health Based PE: Term 2

**Affective:** Physical

Develop lifelong habits in being physically active in range of different forms. Help others overcome their barriers and embrace new opportunities.

## Body in Motion -

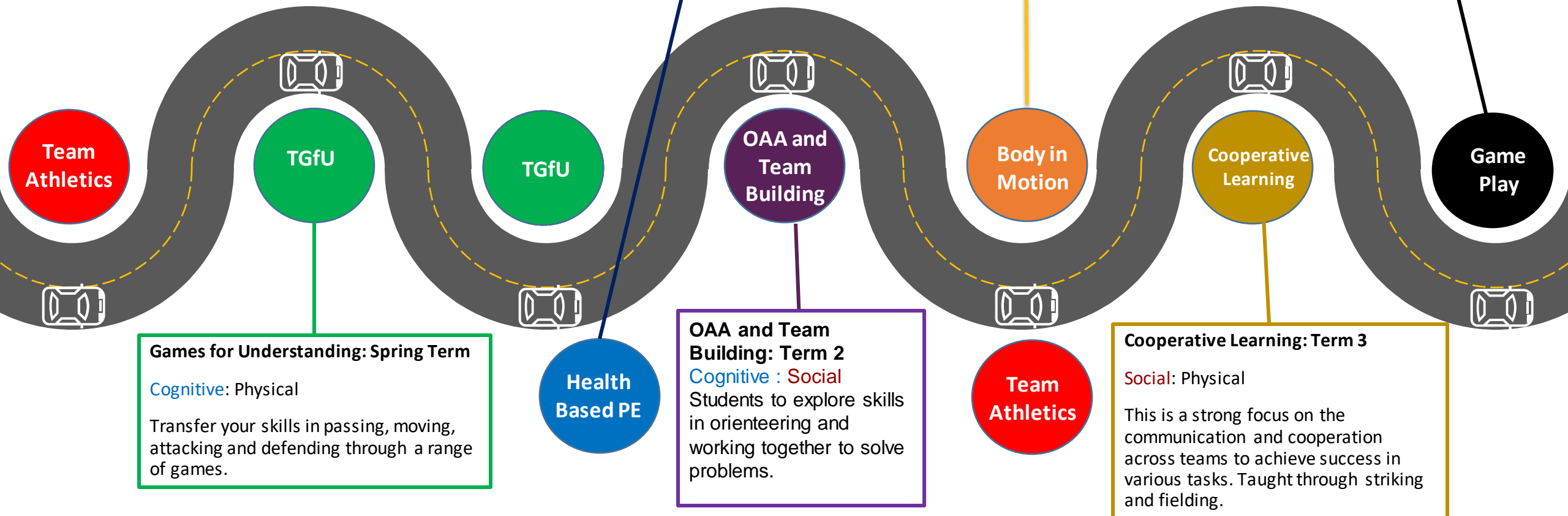
**Physical :** Affective

Learning how our body moves and works in unison to create strong positions and allow us to be expressive.

## Game Play

**Social :** **Cognitive:** Physical

At the end of the Autumn and Summer Terms you will be given the chance to apply your skills in Invasion Games, Net/Wall and Striking and Fielding Games.



Team Athletics

TGfU

TGfU

OAA and Team Building

Body in Motion

Cooperative Learning

Game Play

## Games for Understanding: Spring Term

**Cognitive:** Physical

Transfer your skills in passing, moving, attacking and defending through a range of games.

Health Based PE

## OAA and Team Building: Term 2

**Cognitive :** **Social**

Students to explore skills in orienteering and working together to solve problems.

Team Athletics

## Cooperative Learning: Term 3

**Social:** Physical

This is a strong focus on the communication and cooperation across teams to achieve success in various tasks. Taught through striking and fielding.

# Key Stage 3 PE – Year 8 – Health and Well-Being

## Team Athletics: Autumn Term / Summer Term

Social: Physical

In teacher made teams you are challenged to find the greatest teamwork and improvement levels across a range of events.

Building on the foundations of year 7

Team Athletics

Student Des Games

## Student Designed Games

Cognitive: Physical:

Students to take the lead role in creating, playing and refining their own games.

Game Play

## Health Based PE: Term 2

Affective: Physical

Refining lifelong habits in being physically active in range of different forms. Help others overcome their barriers and embrace new opportunities.

Health Based PE

Body in Motion

## Body in Motion -

Physical : Affective

Learning how our body moves and works in unison to create strong positions and allow us to be expressive.

Health Based PE

Sport Education

## Sport Education: Term 3

Affective: Physical

Become your activity. You will take control of all aspects of running the event. Admin, registration, club ethos, training, analysis, officiating.

Team Athletics

Game Play

## Game Play

Social : Cognitive: Physical

At the end of the Autumn and Summer Terms you will be given the chance to apply your skills in Invasion Games and Striking and Fielding Games.

# Key Stage 3 PE – Year 9 – Leading and Making Choices

## Team Athletics: Autumn Term / Summer Term

**Social:** Physical

In teacher made teams you are challenged to find the greatest teamwork and improvement levels across a range of events.

Building on the foundations of year 7

## 4 Pathways for 12 Lessons each.

Health and Well Being  
Dance / Pilates / Aerobics

Sport Competition and Performance (Net / Wall)  
Badminton / Table Tennis

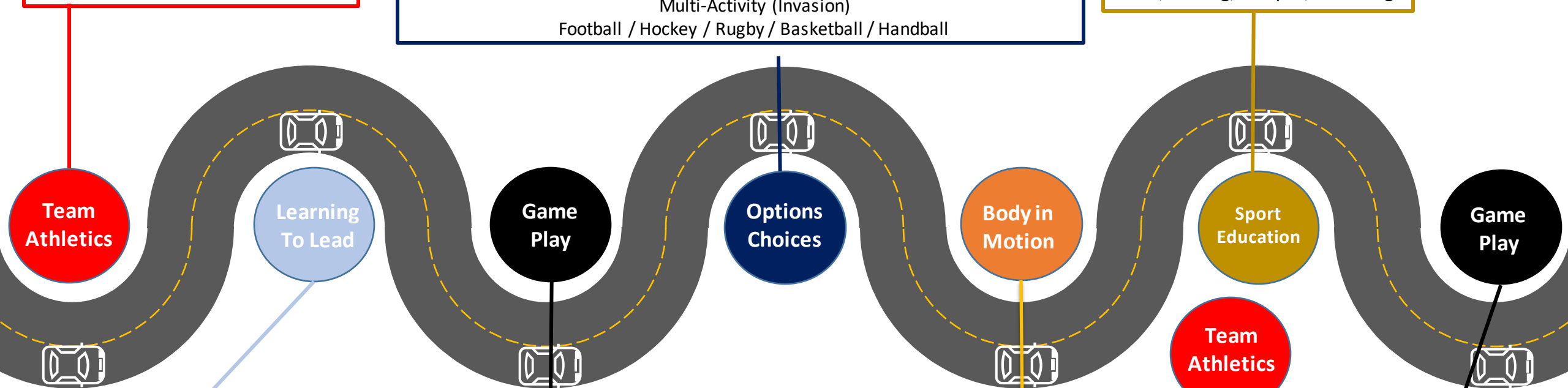
Leadership in Sport  
YOUNG LEADERS AWARD – Sports Leaders UK

Multi-Activity (Invasion)  
Football / Hockey / Rugby / Basketball / Handball

## Sport Education: Term 3

**Affective:** Physical

Become your activity. You will take control of all aspects of running the event. Admin, registration, club ethos, training, analysis, officiating.



Team Athletics

Learning To Lead

Game Play

Options Choices

Body in Motion

Sport Education

Game Play

Team Athletics

## Learning to Lead

**Social:** Affective

Learning to apply the STEP Process, planning and leading warm ups, cool downs and simple games.

## Game Play

**Social:** **Cognitive:** Physical

At the end of the Autumn and Summer Terms you will be given the chance to apply your skills in Invasion Games and Striking and Fielding Games.

## Body in Motion -

Physical : Affective

Refining the understanding of how our body moves and works in unison to create strong positions and allow us to be expressive.

## Game Play

**Social:** **Cognitive:** Physical

At the end of the Autumn and Summer Terms you will be given the chance to apply your skills in Invasion Games and Striking and Fielding Games.