

# Curriculum Overview – Physical Education

## Boys – Core PE.

<b>Year 7</b>	Baseline Tests / Football / Cross Country	Rugby / Gymnastics	Basketball / Dance	Orienteering / Table Tennis	Athletics / Cricket	Athletics / Softball
<b>Year 8</b>	Football / cross country	Rugby / Gym	Badminton / Fitness	Handball / Dance	Athletics / Handball	Athletics / Cricket
<b>Year 9</b>	Football / cross country	Rugby / Badminton	Fitness / table tennis	Handball / Leadership	Athletics / Cricket	Athletics / Softball
<b>Year 10</b>	Football / cross country	Personal Training Plan - fitness	Rugby / Badminton	Table Tennis / Athletics	Handball / Athletics Performance	Cricket / Athletics Performance
<b>Year 11</b>	Options Prog	Options Prog	Options Prog	Options Prog	Options Prog	