

Parents and Carers Launch Meeting December 2024





Aims:

- Introduction to the DofE award
- Timescales, requirements and expectations
- How to choose appropriate activities
- What is eDofE?
- Timeline & Next steps



What is the DofE award?

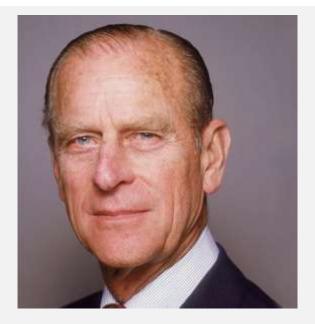


The DofE (Duke of Edinburgh's) award was started in 1956 by HRH Prince Philip, the Duke of Edinburgh.

The Duke wanted to promote a love of the outdoors and give a life-changing experience to young people and an opportunity to discover new interests and talents.

It is an internationally recognised award undertaken by over 400,000 young people in the UK each year.

In 2023, after the passing of HRH Prince Philip, his son, Prince Edward was given the title of Duke of Edinburgh and became patron of the DofE award.







Why should I get involved?



Challenge

The DofE award is a fantastic opportunity to challenge yourself, not just physically on the expedition but also with commitment to self improvement.

Social

You can do activities with people you know or strike out on your own and try something new with a new group of people.

Flexible

If you already play a sport, musical instrument, volunteer you may already be doing something that can contribute towards your award.











There's loads to choose from — most activities can count towards your DofE.

Maybe you want to try something new? Or get better at something you're already doing? Your DofE can be whatever you want it to be.

Activities fit into 3 categories; physical, skills and volunteering.

The fourth section of a bronze award is the expedition.





What will be expected of me?





Physical 3 months

Skills 3 months

PLUS a **further 3**months in the
Volunteering,
Physical or Skills
section.

Expedition 2 days 1 night



How do I choose my activities?



Volunteering

Volunteering is all about making a difference to others' lives.

You can choose the cause that means most to you.

From **coaching** a local football team to starting a **recycling campaign**, you'll give up your time to change things for the better.

It's extremely rewarding — and it can give you the chance to experience the world of work.

Physical

The Physical section is a chance for you to focus on your health and fitness — and have fun along the way.

Try something different or concentrate on something you already do. From **Zumba** to **football**, **skateboarding** to **walking** — almost any **dance**, sport or **fitness activity** can count.

You can join a team or do it on your own. It's up to you.





How do I choose my activities?



Skills

From **podcasting** to **playing an instrument**, the Skills section lets you learn a new talent, develop existing skills and find something you love doing.

If you're interested in a specific field, this could be the perfect chance to do something related to it. If you're interested in **photography**, for example, you could do that as your skill.

You'll grow in confidence and get a real sense of achievement.

Coming up with ideas for your three sections can be difficult. Talk to your parents, talk with people who have done DofE before or visit <u>dofe.org/do/ideas/</u> for more ideas.

If you are struggling or not sure if something will count you can email doddj@sarchs.com



How do I choose my activities?



Checklist:

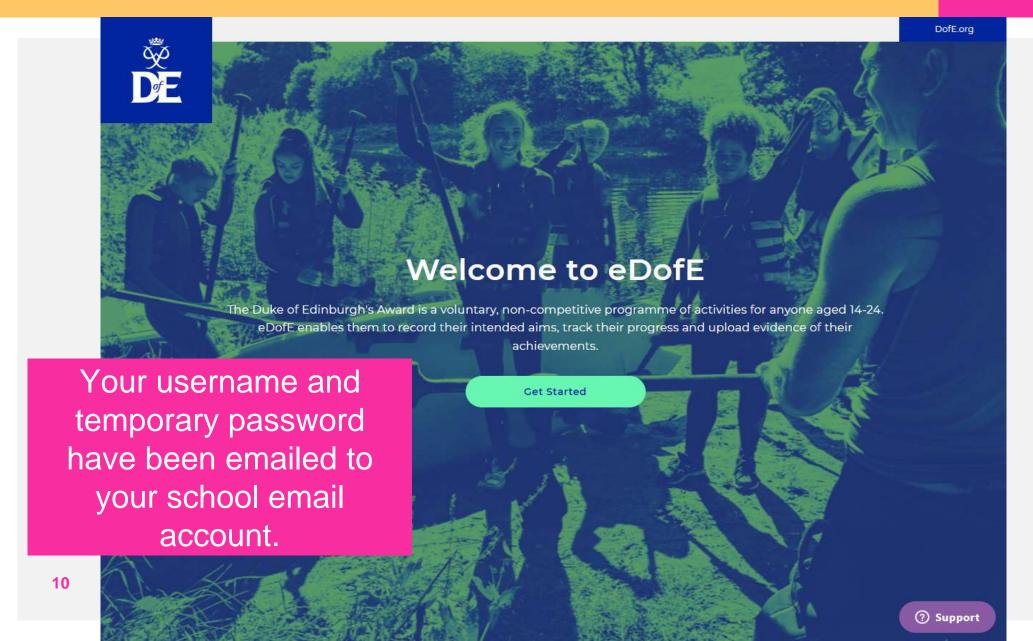
- Ensure that your activity is suitable by completing your programme planner on eDofE
- Make sure you have an assessor who has agreed to sign off your activity once you have finished.
- Complete your chosen activities for at least 1
 hour each week





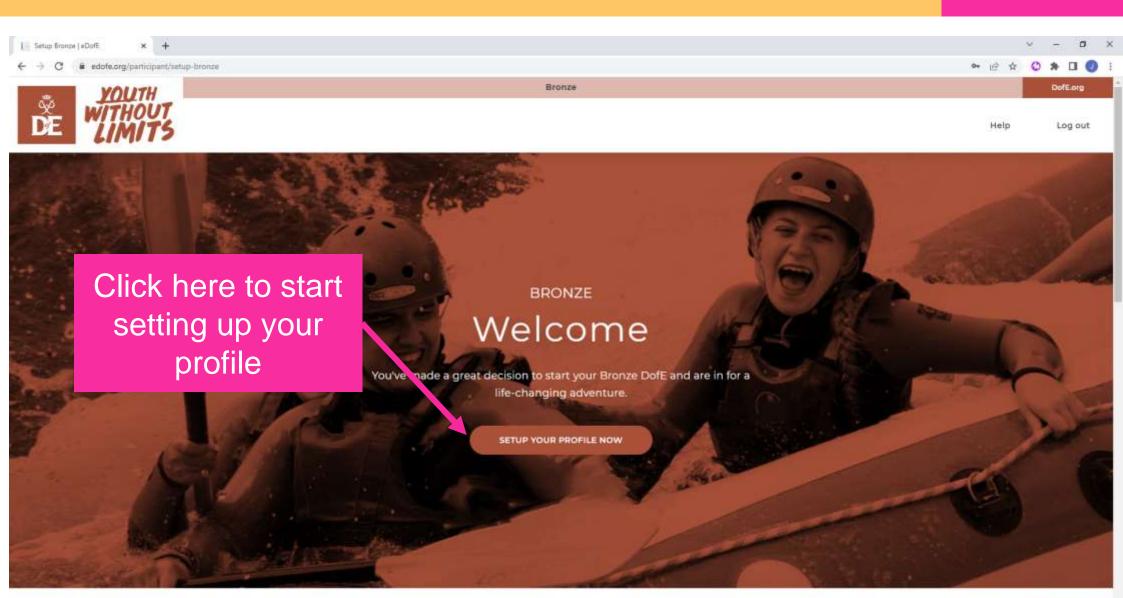






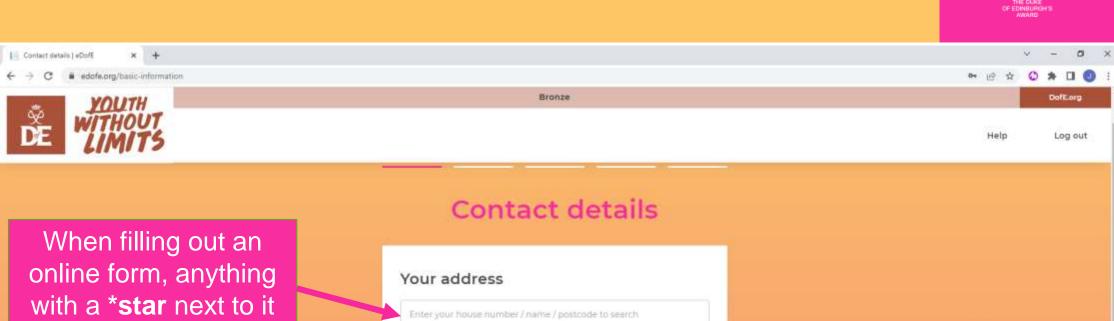
eDofE Guide



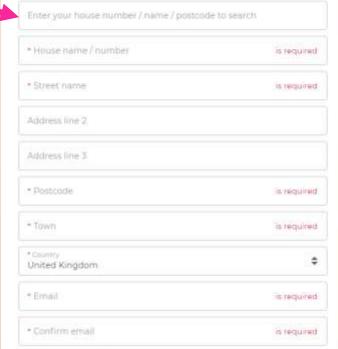








must be filled in.



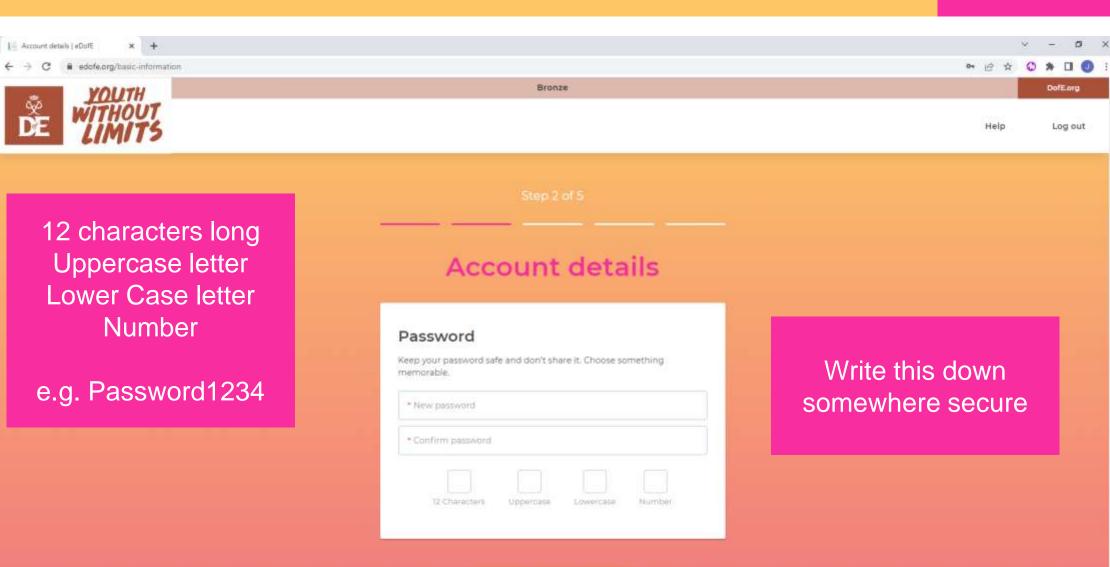
Once you have completed this your welcome pack will be sent to your home address.





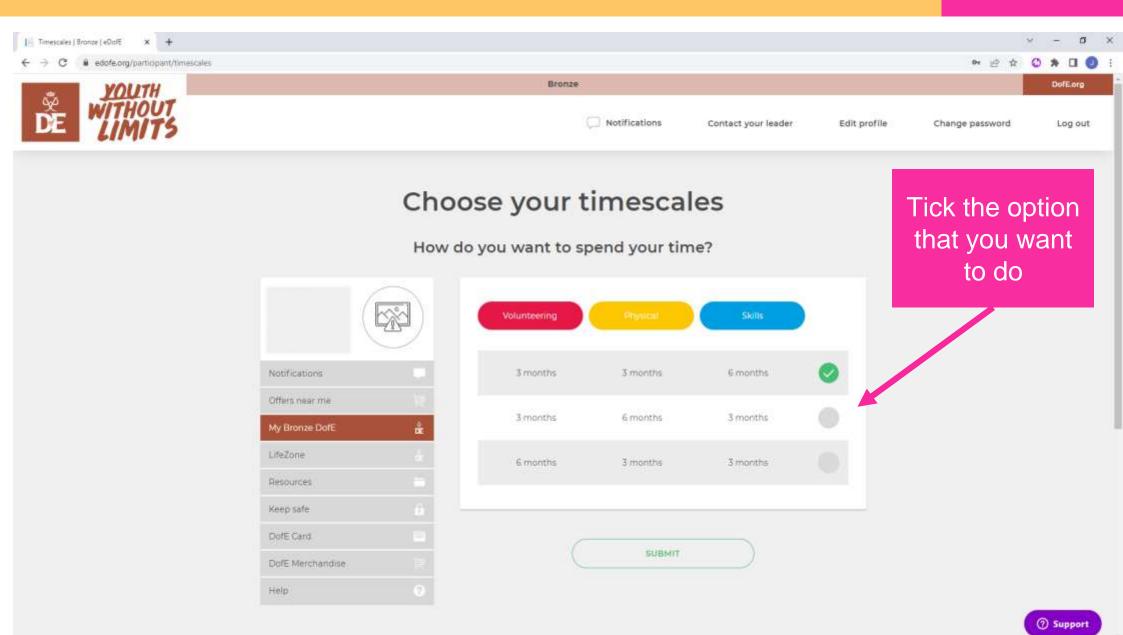


② Support



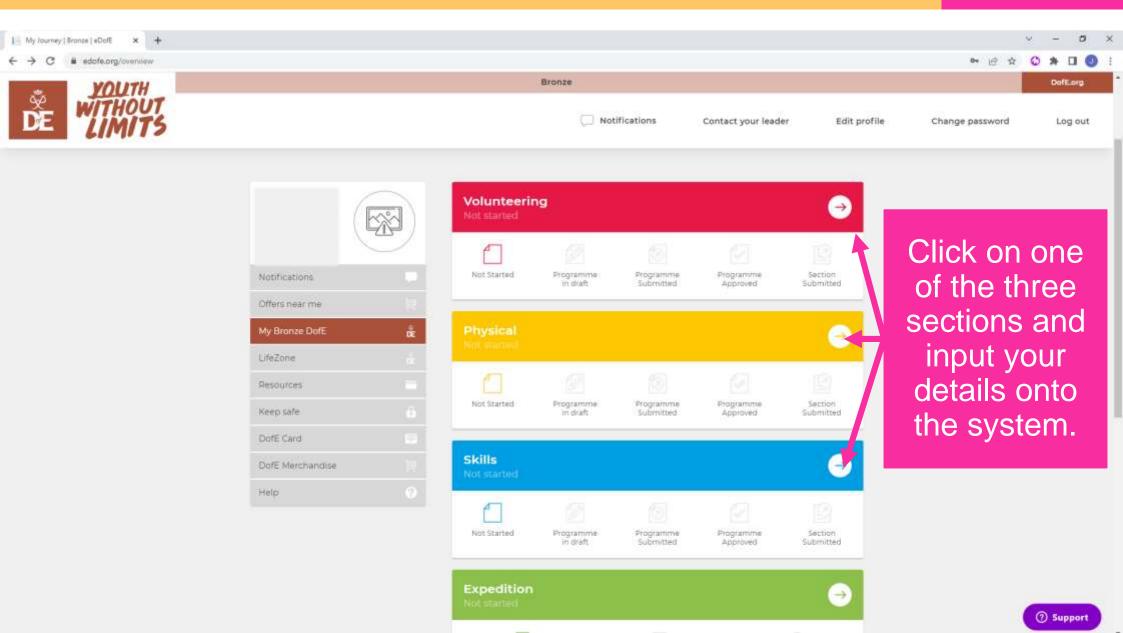
















* Start date	01/11/2022
Earliest completion date:	ADD TO MY CALENDAR ▼
* Type/category of activity	
(Please select)	\$
* Detailed activity chosen	
Detailed activity (please select	÷
* Where are you going to do it?	
Please enter your text here	
* What are your goals? Please enter your text here	Once finished you <u>must</u> click on "submit for
	approval"

	\$

MANAGE EVIDENCE

SAVE AS DRAFT

SUBMIT FOR APPROVAL

What is an assessor?



An assessor is:

- An adult over the age of 18
- A non-family member
- The adult who is responsible for supervising the participant completing their physical, skills or volunteering sections
- The person who fills in the assessors report at the end of your section

An assessor is not:

- A parent
- A friend of the participant under 18
- Someone who has not seen you complete your activity





The Expedition Section



For many, this is the highlight of their DofE award.

You and your expedition group will head out on a 2 day practice expedition where you will learn how to navigate, set up camp and work as a team to overcome obstacles.

Then you will be ready for your assessment.

Bronze Award

Yorkshire Dales 2 days, 1 night





Your Award



Registration

Pay and be registered for your award by the end of term

Programme Planner

On eDofE, submit your programme planners for approval

Expedition training

Training is held in school every Wednesday starting in January

Assessor's Reports

Once your three sectional activities are complete, upload your assessor's report to eDofE for approval

Welcome Pack

Log into eDofE and complete your basic details

Sectional Activities

Over the next 3-6 months, complete your skills, volunteering and physical activities

Expedition

Attend both the practice and qualifying expeditions



Dates for your diary



Wednesday 15th January – First pupil meeting in school

Friday 13th June to Saturday 14th June – Practice expedition (local area, meet at SARCHS)

Thursday 26th to Friday 27th June – Qualifying expedition (Yorkshire Dales, meet at SARCHS)



Next Steps



Payments

Please arrange payment for the award before the end of term.

Pupil Meeting

The first pupil meeting will take place on Wednesday 15th January in the room 24 at 3.15pm



Questions



Any Questions:

doddj@sarchs.com

