## **Lunch Time**

For the first week of term, your teachers will take you down to the dining room for an early lunch. On any day of the week, you can bring a packed lunch or buy a hot or cold dinner.

The food is delicious and not too expensive. The dinner staff are friendly and helpful. In the dining room, there are lots of tables and chairs - you can sit with your friends and chat or make new friends.

After the first week, you will be shown where to line up for hot or cold dinners. You will go into lunch on a weekly rota basis with other year groups. If you get into school early, you can buy breakfast.

## **Lovely Lunches**

Soup and bread roll Vegetarian Options

Paninis Pizzas

Sandwiches and baguettes Chicken wraps

Pasta and lasagne Casseroles

Jacket potatoes Fresh fruit

Chicken curry and rice Yoghurts

Salads and wraps Pies

Home-made cakes Hot and cold drinks

And much more!!!

Try to eat healthily and vary your choice of foods.

Always take your plates back to the kitchen, and throw away your rubbish in a bin.

