



PHSE Autumn Term 2 Overview

To enable you to support and consolidate your child’s learning and continue these vital conversations at home, please see the overview below for Autumn term 2, please note we have made some adjustments to the content delivery for this term to address statutory guidance.

Year 7- 1 lesson per fortnight

Year Group	Core Theme Respectful relationships:	End of Autumn Term 2 Intent:
7	<p>Lesson 1: Building Connections (continued from autumn 1)</p> <p>Lesson 2: Bullying</p> <p>Lesson 3: Healthy Relationships</p> <p>Lesson 4: Sexual Harassment</p>	<p>Lesson 1 – continued from Autumn 1</p> <p>Lesson 2 – This lesson coincides with Anti Bullying week, with this year’s theme centred around ‘Reaching Out.’ Within this lesson pupils will address what bullying is and the types of bullying, as well as the role we can all play in stop bullying. Finally, we will look at promoting empathy and explore how as a school we can create a safe environment to encourage people to reach out.</p> <p>Lesson 3 - This is the first of two lessons, focusing on empowering and supporting young people as they develop relationships. This lesson explores the features of a healthy relationship and helps pupils to recognise the differences between healthy and unhealthy behaviours.</p> <p>Lesson 4 - This lesson continues to focusing on empowering and supporting young people as they develop relationships. This lesson explores the concerns raised by harmful sexual behaviours in all its forms, including sexual harassment. It empowers young people with ways to manage, and speak up about these behaviours, including seeking help.</p>

Year 8- 1 lesson per fortnight

Year Group	Core Theme Respectful relationships:	End of Autumn Term 2 Intent:
8	<p>Lesson 1: Alcohol and risk(continued from autumn 1)</p> <p>Lesson 2: Bullying</p> <p>Lesson 3: Healthy Relationships</p> <p>Lesson 4: Sexual Harassment</p>	<p>Lesson 1 – continued from Autumn 1</p> <p>Lesson 2 – This lesson coincides with Anti Bullying week, with this year’s theme centred around ‘Reaching Out.’ Within this lesson pupils will address what bullying is and the types of bullying, as well as the role we can all play in stop bullying. Finally, we will look at promoting empathy and explore how as a school we can create a safe environment to encourage people to reach out.</p> <p>Lesson 3 - This is the first of two lessons, focusing on empowering and supporting young people as they develop relationships. This lesson explores the features of a healthy relationship and helps pupils to recognise the differences between healthy and unhealthy behaviours.</p> <p>Lesson 4 - This lesson continues to focusing on empowering and supporting young people as they develop relationships. This lesson explores the concerns raised by harmful sexual behaviours in all its forms, including sexual harassment. It empowers young people with ways to manage, and speak up about these behaviours, including seeking help.</p>

Year 9 – 2 lessons per fortnight

Year Group	Core Theme Respectful relationships:	End of Autumn Term 2 Intent:
9	<p>Lesson 1 Drugs and their effects- Alcohol, Cannabis and Managing Influence (continued from autumn 1)</p> <p>Lesson 2: Bullying</p> <p>Lesson 3: Healthy Relationships</p> <p>Lesson 4: Stereotypes and the Media</p> <p>Lesson 5: Online relationships</p> <p>Lesson 6: Sexual Harassment</p>	<p>Lesson 1 – continued for Autumn 1</p> <p>Lesson 2 – This lesson coincides with Anti Bullying week, with this year’s theme centred around ‘Reaching Out.’ Within this lesson pupils will address what bullying is and the types of bullying, as well as the role we can all play in stop bullying. Finally, we will look at promoting empathy and explore how as a school we can create a safe environment to encourage people to reach out.</p> <p>Lesson 3 - This is the first of two lessons, focusing on empowering and supporting young people as they develop relationships. This lesson explores the features of a healthy relationship and helps pupils to recognise the differences between healthy and unhealthy behaviours.</p> <p>Lesson 4 - This lesson analyses how young people and their relationships are portrayed through the media, including the increased sexualisation of media content, and the impact this can have on expectations and stereotypes relating to gender and relationships.</p> <p>Lesson 5- This lesson explores how young people can access help to keep themselves, and their personal information safe whilst online, particularly when developing relationships through social media, including gaming platforms.</p> <p>Lesson 6- This lesson continues to focusing on empowering and supporting young people as they develop relationships. This lesson explores the concerns raised by harmful sexual behaviours in all its forms, including sexual harassment. It empowers young people with ways to manage, and speak up about these behaviours, including seeking help.</p>

Year 10 – 1 lesson per fortnight

Year Group	Core Theme Respectful relationships:	End of Autumn Term 2 Intent:
10	<p>Lesson 1: (Safe sex or Save Sex- (continued from autumn 1)</p> <p>Lesson 2: Bullying</p> <p>Lesson 3: Healthy Relationships</p> <p>Lesson 4: External agency - Hyndburn and Ribble Valley (HARV) Domestic Abuse Team</p>	<p>Lesson 1 – continued from Autumn 1</p> <p>Lesson 2 – This lesson coincides with Anti Bullying week, with this year’s theme centred around ‘Reach Out.’ Within this lesson pupils will address what bullying is and the types of bullying, as well as the role we can all play in stop bullying. Finally we will look at promoting empathy and explore how as a school we can create a safe environment to encourage people to reach out.</p> <p>Lesson 3- This lesson plan is part of a campaign from the Home Office, ‘Something’s Not Right’, which is aimed at children and young people who have experienced harm, including sexual and physical abuse. This lesson is designed to empower all students with the knowledge, skills and confidence they need to report concerns about themselves or someone they know, to trusted adults or other appropriate sources of support.</p> <p>Lesson 4- External agency - Hyndburn and Ribble Valley (HARV) Domestic Abuse Team</p>

***all PSHE lessons are subject to change, this may be adapted at short notice in order to address a current school, local or national issue.**

Year 11 will be covering the relevant PSHE topics within their study period as well as within scheduled PSHE drop down events.