Personal Development 2025

Curriculum Intention: Personal Development

At St Augustine's, our Personal Development curriculum is designed to empower students to become confident, responsible, and well-rounded individuals who are prepared for the challenges of the wider world. We aim to nurture pupils' character, resilience, and wellbeing, ensuring they develop the knowledge, skills, and attributes they need to thrive personally and socially.

Through a carefully structured curriculum that includes PSHE, RSE, careers education, enrichment activities, and cross-curricular links, we ensure that personal development is a core part of the student experience at every stage of their journey with us.

Curriculum Leader Personal Development: Mrs S Lambert

If you have any questions or concerns regarding personal development, please feel free to contact our Personal Development Lead, Mrs S Lambert, via the school office 01254 823362 or by email at lamberts@sarchs.romerocat.com

Overview Autumn Term 1 – YEAR 7

To enable you to support and consolidate your child's learning and continue these vital conversations at home, please see the overview below.

Autumn Half Term 1: TRANSITION AND SAFETY	
Introduction to Personal Development	This introductory lesson focuses on understanding Personal Development and its importance. Within this introductory lesson the class with teacher support will establish the ground rules for Personal Development lessons considering that sensitive topics will be addressed. This lesson briefly introduces Catholic Social Teaching Values, British Values and Protected Characteristics. Safeguarding and Support at SARCHS are also covered within this lesson.
Transition and Building Connections	Pupils will explore the transition to secondary school, identifying some of the challenges and changes that can arise and where to get support if needed. Pupils will explore the meaning of loneliness and connection and learn actions they can take to build connections with themselves, with friends and family and with their wider community.
Internet Safety and Maintaining Privacy Online	This lesson covers key aspects of internet safety, including protecting personal information, recognising online threats, and practicing responsible behaviour. This lesson teaches students how to maintain privacy online, covering key practices like creating strong passwords, managing personal information, and recognising privacy settings to stay safe on the internet.