



## Personal Development 2024 Overview Year 10

To enable you to support and consolidate your child's learning and continue these vital conversations at home, please see the overview below.

AUTUMN HALF TERM 1 : BABIES	
<b>Introduction to Personal Development</b>	This introductory lessons focuses on understanding Personal Development and its importance. Within this introductory lesson the class with teacher support will establish the ground rules for Personal Development lessons considering that sensitive topics will be addressed. This lesson briefly introduces British Values and Protected Characteristics. Safeguarding and Support at SARCHS are too addressed.
<b>Babies Cinema in Education</b>	<p>This cinema-in-education session is based on the film Babies which is told in two parts. Annie is 17. She has the world at her feet. Then she discovers that she is unexpectedly pregnant. Joe is 18. He says that she “doesn’t have to stay pregnant” – it’s her choice. As Annie and Joe face their parents with the situation, they receive unexpected reactions, changing their lives and view of the world forever.</p> <p>Babies covers a wide range of theme dealing with teenage pregnancy, abortion, parenthood, relationship, marriage, family life, love and responsibility. It enable young people to understand delicate issues with their hearts and minds.</p>
<b>Responding to an unexpected Pregnancy</b>	This follow up lesson to the cinema-in-education session, “Babies”, helps pupils to expand their knowledge of how to respond to an unexpected pregnancy and to deepen their understanding about the importance of protecting life before birth.
<b>Safe sex or Save Sex</b>	This lesson explores one aspect of the story of “Babies” – the topic of “safe sex”. It helps pupils differentiate between facts and myths about “safe sex” and to understand some of the virtues of “saving sex”. It includes clips from the film “Babies” and a filmed interview with a young woman who came to the decision to keep sexual relations within marriage.
AUTUMN HALF TERM 2 : HEALTHY RELATIONSHIPS	
An additional lesson was added to autumn 1 to address the UK Riots.	
<b>Responding to an unexpected Pregnancy</b>	This follow up lesson to the cinema-in-education session, “Babies”, helps pupils to expand their knowledge of how to respond to an unexpected pregnancy and to deepen their understanding about the importance of protecting life before birth.
<b>Anti-Bullying –Theme for 2024 – Choose Respect</b>	This Anti-Bullying Week pupils will explore and define the concept of respect, including its importance in maintaining positive relationships, how it interlinks with bullying, and how it influences interactions, particularly when disagreements occur. Pupils will identify and practice strategies for managing conflicts and disagreements respectfully, emphasising how to avoid bullying

	<p>behaviours and maintain constructive communication. Pupils will learn how to recognise and address disrespectful behaviour, including how to support others who are being disrespected, and promote a culture of respect in various settings, including online and in person interactions.</p>
<b>Safe sex or Save Sex</b>	<p>This lesson explores one aspect of the story of “Babies” – the topic of “safe sex”. It helps pupils differentiate between facts and myths about “safe sex” and to understand some of the virtues of “saving sex”. It includes clips from the film “Babies” and a filmed interview with a young woman who came to the decision to keep sexual relations within marriage.</p>
<b>Remaining lesson</b>	<p>Time allocated to catch up lessons from Autumn 1 and 2</p>

<b>SPRING HALF TERM 1 : FINANCIAL DECISION-MAKING</b>	
<b>Barclay Lifeskills - Understanding and Managing debt</b>	<p>This lesson focuses on helping pupils developing financial understanding and skills, for their future, prepare them for the world of work, and keep up to date with modern financial changes. In particular this lesson tasks pupils with becoming money mentors for a series of characters, to understand financial terminology and learn ways to save, manage debt and borrowing money safely.</p>
<b>Mortgages unpacked</b>	<p>Lesson two, Spring 1 will address the topic of mortgages, initially pupils will understand what a mortgages is and then be able to identify the different types of mortgages available.</p>
<b>Barclay Lifeskills-Financial Risk and Security</b>	<p>This final lesson allows pupils to compare risk in different situations and demonstrate how insurance can provide protection against some financial risks.</p>
<b>Additional lessons in Spring 1ad 2–delivered by external providers</b>	
<ol style="list-style-type: none"> <li><b>1. HARV (Hyndburn &amp; Ribble Valley Domestic Abuse Team)</b></li> </ol>	<p>Domestic Abuse – This lesson focuses on addressing the topic of domestic abuse, supporting pupils to identify and recognise what domestic abuse is. The lesson will address the facts and myths surrounding domestic abuse and also consider its impact. Pupils will understand where to get help and support.</p>
<ol style="list-style-type: none"> <li><b>2. PALADIN-National Stalking Advocacy Service</b></li> </ol>	<p>Stalking Awareness – This lesson focuses on what stalking is, incorporating facts and statistics. Pupils will be able to identify stalking, know how to report it and understand stalking is a crime.</p>

**SPRING HALF TERM 2 : EXPLORING INFLUENCES**

<b>Mortgages unpacked</b>	Some pupils/groups will cover HARV/Paladin in Spring 2, pupils/groups which completed these sessions in Spring 1 will complete the lessons addressing financial decision-making.  This lesson will address the topic of mortgages, initially pupils will understand what a mortgage is and then be able to identify the different types of mortgages available.
<b>Barclay Lifeskills-Financial Risk and Security</b>	This lesson allows pupils to compare risk in different situations and demonstrate how insurance can provide protection against some financial risks.
<b>Snapchat</b>	This lesson provides pupils with the knowledge and understanding to be able to use Snapchat responsibly, recognise potential risks, and know how to protect our digital wellbeing.
<b>Additional lessons in Spring 1ad 2–delivered by external providers</b>  <b>1. HARV (Hyndburn &amp; Ribble Valley Domestic Abuse Team)</b>  <b>2. PALADIN-National Stalking Advocacy Service</b>	Domestic Abuse – This lesson focuses on addressing the topic of domestic abuse, supporting pupils to identify and recognise what domestic abuse is. The lesson will address the facts and myths surrounding domestic abuse and also consider its impact. Pupils will understand where to get help and support.  Stalking Awareness – This lesson focuses on what stalking is, incorporating facts and statistics. Pupils will be able to identify stalking, know how to report it and understand stalking is a crime.

**SUMMER HALF TERM 1 : Addressing extremism and radicalisation**

<b>Community Cohesion and extremism</b>	Pupils will watch the short film, 'Walls.' This is a film co-developed with eight students from St Wilfred's C of E Academy in Blackburn and the Blackburn Prevent team to promote community cohesion and tackle extremism. The film and PowerPoint aim to generate discussion and explore key theme of hate crime, prejudice and stereotyping.
<b>Extremism and sharing stories</b>	This lesson focuses on developing pupils understanding of extremism, how it develops and how it might be tackled. The lesson includes a range of activities and media to explore the topic of extremism, in particular pupils will watch two videos where victims of extremism talk about their experience. Following this pupils will be introduced to the idea of how extremist groups use emotions to recruit. They look at some common statements extremist groups may use and discuss what emotion they are trying to appeal to. To conclude pupils will look at the storyline used in the show Hollyoaks to see how Ste was radicalised.

<b>Extreme or not extreme?</b>	<p>The final lessons this term focuses on the law, exploring actions likely to attract police investigation. Pupils through videos/scenarios will recognise examples of extremist behaviour online and their legal implications.</p> <p>The three spotlight scenarios will explore the risk, discuss motivations and reflect on considerations for victims, perpetrators and bystanders.</p>
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SUMMER HALF TERM 2 : PERSONAL SAFETY	
<b>Water Safety</b>	Pupils will explore water safety, focusing on the dangers of open water swimming.
<b>Basic First Aid</b>	This lesson is designed to teach pupils about basic life support. They'll learn how to do the primary survey, the recovery position, CPR, and how to use an AED.
<b>Bones, Muscles, Joint injuries</b>	Pupils will be able to identify the difference, between a bone, muscle or joint injury. Pupils will then be able to provide suitable first aid, understanding where to get medical support from.
<b>Evaluation</b>	Pupils will provide feedback on the 2024-2025 PD curriculum, as well as voice additional topics they would like to see covered.