



Personal Development 2025

Curriculum Intention: Personal Development

At St Augustine's, our Personal Development curriculum is designed to empower students to become confident, responsible, and well-rounded individuals who are prepared for the challenges of the wider world. We aim to nurture pupils' character, resilience, and wellbeing, ensuring they develop the knowledge, skills, and attributes they need to thrive personally and socially.

Through a carefully structured curriculum that includes PSHE, RSE, careers education, enrichment activities, and cross-curricular links, we ensure that personal development is a core part of the student experience at every stage of their journey with us.

Curriculum Leader Personal Development: Mrs S Lambert

If you have any questions or concerns regarding personal development, please feel free to contact our Personal Development Lead, Mrs S Lambert, via the school office 01254 823362 or by email at lamberts@sarchs.romerocat.com

RSE: Right to Withdraw

As part of our curriculum, in year 11 we will soon be delivering Relationships and Sex Education (RSE) lessons in accordance with the statutory guidance from the Department for Education. These lessons are designed to support the emotional, social, and physical development of our pupils and are delivered in an age-appropriate and sensitive manner.

We want to ensure you are fully informed about what your child will be learning and of your rights regarding their participation. Under the current guidance:

- **Relationships and Sex Education (RSE)** is statutory in all secondary schools.
- **Parents have the right to withdraw their child from the *sex education* elements of RSE that go beyond the national science curriculum.** There is no right to withdraw from Relationships Education or Health Education.

If you wish to withdraw your child please submit a written request addressed to the Headteacher, Mrs Hunt.

Overview Spring Term 1 – YEAR 11

To enable you to support and consolidate your child's learning and continue these vital conversations at home, please see the overview below.

SPRING TERM 2

SMOKEFREE - VAPING

This Year 11 session is delivered by **Lancashire Fire and Rescue Service** as part of their *Wasted Lives* programme, which focuses on raising awareness about the dangers of risky driving and the consequences of poor decision-making on the road. The session provides real-life examples of how speeding, distractions, peer pressure, and driving under the influence can lead to serious, life-changing incidents. It encourages students to think carefully about their responsibilities as future drivers and passengers, highlighting how their choices can impact their own safety and the safety of others.

HARMFUL SEXUAL BEHAVIOUR

In this Year 11 Personal Development lesson, students learned about harmful sexual behaviour, including how to recognise it, its impacts, and how to respond safely. The lesson aimed to raise awareness, promote respectful relationships, and ensure students know how to access support. The lesson was delivered in a sensitive and age-appropriate way, creating a safe space for learning and discussion without requiring students to disclose personal experiences. Students were reminded that support is always available and that speaking up is the right thing to do.

EVERY ACTION HAS A CONSEQUENCE

In this Year 11 Personal Development lesson, students explored the impact of violent behaviour and the importance of understanding that every action has consequences. The lesson aimed to encourage responsibility, reflection, and safe decision-making.

Students learn about:

- The potential consequences of violence, including legal, personal, and social impacts
- How violence affects both victims and perpetrators, as well as wider communities
- Strategies to manage anger, resolve conflict, and make responsible choices
- Where to access support if they are worried about themselves or others.