

RSE and Personal Development Curriculum

Week	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn Half Term 1					
1	Introduction to Personal Development	Introduction to Personal Development	Introduction to Personal Development	Introduction to Personal Development	Post 16 Providers
2	Transition and Building Connections	Caffeine	Introduction to Gangs	Ten Ten Babies – Cinema in Education	
3	Internet Safety and Maintaining Privacy	Smoking/Vaping	Risks of Gangs	TenTen -Responding to an Unexpected Pregnancy	
4	Pol Ed – How do vaccinations support our health?	Alcohol and Risk	Leaving a Gang	Ten Ten -Safe Sex or Save Sex	
5			Knife Crime		
6			Pol Ed – County Lines		
7			Illegal Drugs		
Autumn Half Term 2					
1	Road Safety	Ten Ten – The Trouble with Max	Ten Ten – Love, Honour and Cherish	Pol Ed – Incel Culture	Post 16 Providers
2	Anti-Bullying – Power for Good Hope - Online Production	Anti-Bullying – Power for Good Hope - Online Production	Anti-Bullying – Power for Good Hope - Online Production	Anti-Bullying – Power for Good Hope - Online Production	
3	TenTen –Cinema in Action – Facts of Life	How will AI change my working life?	Healthy Relationships	What is AI Generated Sexual imagery?	
4	Catch up lesson – if needed.	Catch up lesson – if needed.	Unhealthy and Abusive Relationships	Catch up lesson – if needed.	
5			Conflict in Relationships		
6			Sex and Consent Online		
7			Consent		

Spring Half Term 1					
1	Working Life	Anti - Racism	Smokefree	Impact of Relationships	Wasted Lives
2	My Interests	Gender Stereotypes	Smoking and Vaping	HARV (Domestic Abuse) – External Yas – check the date on curriculum overview.	Deepfakes
3	Mental Health	Mental Health	Misogyny, respect and everyday choices	Paladin (Stalking) - External Greeta – check date on curriculum overview.	Mental Health
4			Dangers of AI		
5			Introduction to Gambling		
6			Mental Health		
Spring Half Term 2					
1	Dental Health	Ten Ten – Gender and Sexual Identity	Health Services	Working and Earning	Smokefree
2	Healthy Sleep	Relationships and Conflict	Balanced Diet	Mortgages	Harmful Sexual Behaviour
3	Physical and Emotional Changes	Coping with Change	Exercise	Dangers of Gambling	Every Action Has A Consequence
4			Asphyxiation		
5			Female Genital Mutilation – FGM		
6			Self Examination and Vaccination		

Summer Half Term 1					
1	Self Esteem and Confidence	Understanding Marriage	Ten Ten – Love People, Use Things	Walls	
2	Peer Pressure	Parenthood	Ten Ten – In Control of my Choices	Pol Ed - Extremism	
3	Social Media and Mental Health	Ten Ten - Attraction	Ten Ten – Fertility and Contraception	Pol Ed - Radicalisation	
4			Sexual Health Education		
5			Understanding Consent		
Summer Half Term 2					
1	Water Safety & CPR	Water Safety & CPR	Water Safety & CPR	Water Safety & CPR	
2	Bleeding	Media Literacy	Run, Hide and Tell	Work Experience Week	
3	Physical Health	Pol Ed – Viewing Harmful Content	Pol Ed - Nudes	Blood, Organ and Stem Donation	
4	Pupil Voice Questionnaire	Pupil Voice Questionnaire	Understanding Menstruation	Pupil Voice Questionnaire	
5			Health and Image		
6			Financial Choices		
7			Pupil Voice Questionnaire		