



Personal Development 2024 Overview Year 9

To enable you to support and consolidate your child's learning and continue these vital conversations at home, please see the overview below.

AUTUMN HALF TERM 1 :	
Introduction to Personal Development	This introductory lessons focuses on understanding Personal Development and its importance. Within this introductory lesson the class with teacher support will establish the ground rules for Personal Development lessons considering that sensitive topics will be addressed. This lesson briefly introduces British Values and Protected Characteristics. Safeguarding and Support at SARCHS are too addressed.
Introduction to gangs	This lesson will explore the distinction between healthy relationships and those that exhibit unhealthy characteristics which may signify they are part of gang activity. It will also explore why people join a gang so as to dispel the myths associated with this.
Risks of a gang	This lesson explores the risks and consequences of gang related behaviours. It also considers the pressures and manipulation techniques used on young people to join a gang and how they can resist these.
Leaving a gang	This lesson concludes learning about gangs by exploring exit strategies and support systems for those people who have concerns about gang activity.
Knife Crime	This lesson been designed to help reduce knife crime by equipping teachers to challenge the myths and communicate the realities of carrying a knife among young people. The lesson plans use the Home Office's #knifefree campaign as stimulus for discussion. Whilst it is important to raise the issue of knife crime with some communities, it is also important to emphasise that the vast majority of young people in this age range (99% of 10 - 29 year olds) do not carry a knife and this campaign focuses on celebrating those young people who, through their experiences, have chosen to live knife free.
Exploring attitudes/Drugs the Law and Managing Risk	This is the first of two lessons for year 9 focusing on the risks and consequences of drug use. This lesson will allow you to gain a clear picture of students' current understanding of drugs, explores attitudes towards their use and clarifies perceptions regarding the prevalence of drug use. The second part of the lesson focuses on the risks and consequences of drug use, teaching students about the law in relation to drugs, the legal consequences of possessing or supplying drugs and how police officers enforce these laws in practice.
Drugs and their effects- Alcohol, Cannabis and Managing Influence	This is the final lesson focusing on the risks and consequences of drug use. This lesson explores the effects of different patterns of alcohol use, in addition to the health risks associated with alcohol and cannabis

