

## Curriculum Overview – PSHE Including Citizenship, RSE(Relationship and Sex education) and Health education statutory content

The PSHE Department aims to offer a lively and stimulating course of study. Our aims and priorities for our pupils are to ensure that they understand that ***Learning is for Life*** and not just for the time they are with us. We want to nurture and develop our pupils into well rounded individuals, valuing our Catholic Faith. To ensure that they respect themselves, each other and the community and environment that they live in. We want them to believe in themselves to acknowledge their strengths, weaknesses to continue to learn from mistakes and to value everyone they meet on a daily basis, so see the good in people and to treat people with respect. We will use a combination and blend of resources from The PSHE Association, Ten:Ten, National On line Safety and other quality assured providers/charities to compliment the provision. Please note delivery is through a combination of PSHE lessons, timetabled theme days, cross curricular lessons such as RE, Science and ICT and Pastorally during form time and assemblies.

Year 7	Transition & Safety	Diversity	Developing skills and aspirations	Health & puberty	Building relationships	Financial decision making
Year 8	Drugs & Alcohol	Discrimination	Community & careers	Emotional wellbeing	Identity & relationships	Digital literacy
Year 9	Peer Influences, substance use & gangs	Respectful Relationships	Setting goals	Healthy lifestyle	Intimate relationships	Employability skills
Year 10	Mental Health	Healthy Relationships	Financial decision making	Exploring influences	Addressing extremism & radicalisation	Work Experience
Year 11	Building for the future	Communication in Relationships	Next steps	Independence	Families	